

BRAIN HEALTH AND NATURAL MEDICINE CONFERENCE

Preliminary Program 6th February 2012

<i>8am - 9am Registration and Coffee</i>		
Welcome to the Centre for Human Psychopharmacology		
9.00am – 9.10am	Professor Andrew Scholey	Introduction. Welcome to the new Centre for Human Psychopharmacology.
9.10am- 9.30am	Dr. John Miller	The Regulation of Complementary Medicines” (an industry perspective).
9.30am - 10.50am	Dr Ken Harvey	The Regulation of Complementary Medicines” (a Consumer Perspective).
<i>10.00am-10.40am Morning tea</i>		
Nutrients and Ageing		
10.40am - 11.00am	Professor Con Stough	Australian Research Council Longevity Intervention (ARCLI) study
11.00am - 11.20 am	Professor Stephen Myers	Natural Medicines and Stress
11.20am - 11.40am	Dr. Andrew Pipingas.	Nutritional supplementation and neurocognitive ageing.

11.40am – 12.00pm	Dr Lesley Braun	Interactions between common medicine classes and nutrient depletion.
<i>12.00pm-1.00pm Lunch</i>		
Vasoactive nutrients		
1.00pm - 1.20pm	Professor Frank Rosenfeldt.	Integrative medicine approaches for heart disease and major surgery.
1.20pm - 1.40pm	Professor Kevin Croft.	Dietary polyphenols can improve vascular function and blood pressure in healthy subjects.
1.40pm - 2.00pm	Associate Professor Dennis Chang	Chinese Herbal Medicine for Vascular Dementia.
2.00pm - 2.20pm	Professor Peter Howe	Vasoactive nutrients and mental health.
<i>2.20 pm- 3.50pm Afternoon Tea</i>		
3.50pm - 3.20pm		
Invited Address; Professor Keith Wesnes		
New Researcher Presentations (PhD student)		
3.20pm – 3.40pm	TBC	TBC
3.40pm – 4.00pm	TBC	TBC
4.00pm – 4.20pm	TBC	TBC
4.20pm - 4.40pm	TBC	TBC
4.40 pm - 5.00pm	TBC	TBC
5.00pm - 5.20pm	TBC	TBC

Program 7th February 2012

Diet and Nutraceuticals for Psychiatry and Dementia		
9am - 9.20am	Professor John Mamo	Diet, systemic inflammation and Dementia.
9.20am - 9.40am	Professor Paul Amminger	Omega-3 fatty acids in young people at risk of psychosis
9.40 - 10.00am	Associate Professor Gerald Muench.	Anti-inflammatory properties of foods – from primary screen to identification of individual anti-inflammatory compounds in cinnamon.
10.00am - 10.20am	Associate Professor Felice Jacka	Diet as a modifiable risk factor for depression and anxiety
<i>10.30am-11.00am Morning tea</i>		
Nutraceuticals, memory and Genetics		
11.00am - 11.20am	Professor Michael Fenech	Nutritional DNA damage prevention and its relevance for mitigation of Neurodegenerative diseases
11.20 - 11.40 pm	Doctor Chad Bousman	Oestrogen receptor gene variation and memory decline.
Flordis Sponsored Symposium; Herbals Supplements		
11.40am - 12.00pm	Dr Andrea Zangara	Issues and challenges in the 'Seed to Patient' and 'Specifically clinically proven' concepts: Remotiv (Ze117) case study.
12.00pm - 12. 20pm	Professor Andrew Scholey	Neurocognitive effects of ginseng.
12.20pm - 12.40pm	Professor Con Stough	The Bacopa extract CDRI08 and cognition.
12.40pm -1.30pm		
Keynote address; Professor Ralph Martins		
1.30pm-2.30pm Lunch		

2.30pm - 3.30pm Panel discussion; *Translating Science into Better Mental Health.*

Sitting on the Panel will be Associate Professor Felice Jacka, Professor Paul Amminger and Dr Leslie Braun along with Dr Jerome Sarris who will chair this panel. The discussion aims to encourage lively debate with the audience about the best evidence-based recommendations for better mental health.

**Center for Human
Psychopharmacology**

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