

The Swinburne Wellbeing Clinic for Older Adults presents

Wellbeing Programs for Aged Care Residents Translating Knowledge to Practice

The Swinburne Wellbeing Clinic for Older Adults is proud to present a one-day forum on mental health and wellbeing programs for aged care residents.

About the forum

The forum focuses on how we can transform research findings and knowledge about mental health care into practice and programs to improve choice, control and dignity for older adults living in residential aged care facilities.

The forum brings together researchers, clinicians, volunteers, students, residential aged care staff, policy makers, local governments, families and older adults to hear about the latest and most innovative mental health programs for aged care that are being rolled out across Australia.

The Swinburne Wellbeing Clinic for Older Adults has been operating for nearly 10 years. We have learnt much about mental health care practices within residential aged care communities, and are proud to host this forum to showcase the best ideas we have encountered.

Highlights

- Professor John Pollaers OAM will present a keynote in this forum on the challenges facing the aged care sector.
- Associate Professor Tanya Davison will present findings from the PEARL project on assisting residents with adjustment to care.
- Professor Colleen Doyle will present learnings from the BEFRIENDAS on implementing companionship programs in residential aged care settings.
- Professor Sunil Bhar, Rebecca Collins and Mark Silver will present examples of how reminiscence, digital stories and intergenerational programs can improve depression, dignity and care.
- Dr Tanya Petrovich will showcase the latest digital solutions for dementia care.
- Professor Richard Freadman will discuss an innovative life writing approach for dementia care.
- Mental health care practitioners will highlight the range of practices and roles for mental health workers in residential aged care.

Date

Friday 29 November 2019

Time

9am - 5pm

*Registrations start at 8.30am

Venue

Swinburne University of Technology
Engineering Building, EN515

Fees

\$40 - Full Fee

\$35 Early Bird (booked by 29th October 2019)

\$25 - Student or Concession

*Ticket cost includes catering for morning and afternoon tea and lunch.

Contact Details

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To register online please go to:
<https://www.trybooking.com/BESJW>

Program Outline

29th November 2019, EN515, Swinburne University of Technology, Hawthorn
The EN Building is located at grid D5 - Hawthorn Map

Time	Topic	Speaker and Affiliation
8.30am – 9am	Registration	
9.00 – 9.15 am	Welcome and acknowledgement to country	Professor Sunil Bhar, Swinburne University
9.15 – 10.00 am	Challenges facing the aged care workforce	Professor John Pollaers OM, Swinburne University
10.00 – 10.45 am	Digital solutions for dementia care	Dr Tanya Petrovich, Dementia Australia
10.45 – 11.15 am	Morning tea	
11.15 am – 12.00 pm	Helping residents settle in residential aged care: Learnings from the PEARL study	Associate Professor Tanya Davison Swinburne University
12.00 – 12.45 pm	Volunteering with older adults living in residential aged care: early learnings from the Befriendas study	Professor Coleen Doyle, National Ageing Research Institute (NARI)
12.45 – 1.30 pm	Lunch	
1.30 – 2.00 pm	Life writing at end of life care	Professor Richard Freadman, Swinburne University
2.00 – 2.30 pm	The role of intergenerational programs for residential aged care settings	Mr Mark Silver, Swinburne University
2.30 – 3.00 pm	Reminiscence and digital stories for residential aged care	Ms Rebecca Collins and Professor Sunil Bhar, Swinburne University
3.00 – 3.30 pm	Afternoon tea	
3.30 - 4.50pm	Mental health services for residential aged care: Opportunities, successes and challenges	Mr Mark Silver and a panel of mental health practitioners, Swinburne University
4.50- 5.00 pm	Close	

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