



Positive Leadership



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🕒 2 days 📍 Face-to-face, Live online, Workplace 💰 \$ 1550

Facilitating the performance of others to be at their best is the art of great leadership. This is a broadly accepted leadership insight, however, getting the best out of others still poses a challenge for many of those in leadership positions.

The science of positive psychology now provides a clear roadmap of the behaviours that leaders need to demonstrate to give people what they need to thrive.

In this two-day program, participants will learn about how emotions, in particular positive emotions, exert a powerful impact on motivation and performance and why they are key to achieving employee engagement. Participants will then be introduced to the seven leadership behaviours needed to build positivity within their teams and will then be facilitated in building their own 'positive leadership' strategy for implementation back in the workplace.



Discover more at
swi.nu/poslead

Course highlights

- Explain the science that underpins the benefits of positive leadership.
- Apply the key elements of the mindset of a positive leader.
- Adopt the core behaviours that build and sustain positive emotional climates in the workplace.
- Apply a core communication technique that simultaneously promotes engagement, builds creativity and motivation, and enhances relationships at work.
- Identify your strengths and how you can apply them to enhance both your performance and that of others.
- Use methods that identify core values and purpose essential for engagement at work.
- Develop strategies for performing at your best and maintaining optimal positivity under stress.

Who should attend?

Supervisors, team leaders, and managers or individuals who are stepping up to a new leadership challenge.

Learning objectives

By completing this course, participants will be able to:

- Enjoy a strong sense of your style and skills as a leader.
- Encourage high performing teams by building on individual strengths.
- Be able to influence and motivate others through positive emotions.
- Receive a participant course training manual to take with you.

What you can expect

- A workbook to take home or to work that you can reference back to.
- Learn alongside professional peers, and network.
- Pathways to continue your studies with Swinburne Edge.
- The immediate knowledge and confidence to implement your new skills.

Pre-course work

You will need to complete a Strength Profile Assessment before attending the workshop. This is to maximise the time in discussing results within the context of the workshop content.

Dates

View dates and register for this course.

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The Swinburne Edge difference

Swinburne Edge is a division of Swinburne University that exclusively services professionals. We offer professional development to people with existing skills and experience, who are ready to up-skill or formalise their skills for their next career stage. Immerse yourself in a Swinburne Edge short course or qualification to enhance your current knowledge with fast-tracked, practical learning that gets you to your goal faster.

For further information, contact our Continuing Professional Education Advisors on 1800 633 560 or edge@swinburne.edu.au.

"I thought [the course] was fantastic combining psychological theory and very practical ways to improve in your every day."

Kelly
Participant,
Positive Leadership





Contact us

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