



Introduction to Psychological Safety at Work for Managers and Safety Practitioners

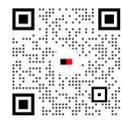


Introduction to Psychological Safety at Work for Managers and Safety Practitioners

🕒 4 hours 📍 Face-to-face, Live Online 💰 550

This half-day course introduces managers and safety practitioners to the fundamentals of psychological safety at work. Participants gain a clear understanding of psychosocial risks and the legal framework governing psychological hazards under OHS law.

The session provides practical tools to identify, assess and manage risks, apply control measures, and support leaders and teams in creating safe, compliant and mentally healthy workplaces.



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Learning outcomes

Upon completion of this course, participants will be able to:

- apply risk assessment methods to identify, assess and control psychosocial risks
- demonstrate knowledge of tools and approaches for implementing psychological safety
- explain key psychological hazards and relevant OHS legislation
- support leaders and teams in developing safe and supportive workplace practices
- evaluate their role in maintaining compliance and promoting wellbeing at work.

Skills outcomes

Through this course, participants will develop the following skills and knowledge:

- Identify and describe psychological hazards in the workplace
- Interpret the legislative framework for psychosocial safety
- Assess and manage psychological hazards using practical control measures
- Apply strategies to support leaders in implementing psychological safety
- Promote psychological wellbeing and prevent harm in teams and workplaces
- Communicate effectively about psychosocial risks and responsibilities

Who should attend?

This course is ideal for those responsible for supporting leaders and employees in creating psychologically safe work environments. This group will learn how to engage teams and deliver practices that promote psychological wellbeing across their organisations.

What you can expect

- a workbook to keep
- learn alongside professional peers, enhancing your network
- the immediate knowledge and confidence to implement your new skills.

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The Swinburne Edge difference

Swinburne Edge is a division of Swinburne University that exclusively services professionals. We offer professional development to people with existing skills and experience, who are ready to up-skill or formalise their skills for their next career stage.

Immerse yourself in a Swinburne Edge short course or qualification to enhance your current knowledge with fast-tracked, practical learning that gets you to your goal faster.

For further information, contact our Continuing Professional Education Advisors on 1800 633 560 or edge@swinburne.edu.au.





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