



Confident Communication



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🕒 1 day 📍 Live Online, Face-to-Face, Workplace 💰 \$ 900

Your ability to work effectively and influence others is largely driven by your ability to communicate in a confident and clear manner.

Learn how to improve confidence and communication skills in this one-day short course. You will discover techniques to change your self-perception and improve your confidence and ability to communicate more effectively.

We focus on helping you develop assertiveness and confidence which will enable you to speak up without compromising yourself and others. This course will provide you with a positive mindset to improve your ability to communicate with confidence and influence others both inside and outside your workplace.



Discover more at swi.nu/confident

Course highlights

- Discover techniques to shift your self-perception and confidence.
- Understand basic methods to control the impact of your emotions.
- Identify communication styles and how to respond appropriately.
- Learn assertiveness skills and techniques.
- Communicate with greater effectiveness and clarity in the moment.
- Improve your listening skills and ability to understand others' needs.
- Identify causes of conflict and learn strategies to manage conflict.

Who should attend?

Anyone who wants to improve their confidence, learn how to be assertive to achieve success and develop their communication skills.

Learning objectives

- By completing this course, participants will be able to:
- Discover techniques to shift your self-perception and confidence
 - Understand basic methods to control the impact of your emotions
 - Identify communication styles and how to respond appropriately
 - Learn assertiveness skills and techniques
 - Communicate with greater effectiveness and clarity in the moment
 - Improve your listening skills and ability to understand others' needs
 - Identify causes of conflict and learn strategies to manage conflict

What you can expect

- A workbook to take home or to work that you can reference back to.
- Learn alongside professional peers, and network.
- Pathways to continue your studies with Swinburne Edge.
- The immediate knowledge and confidence to implement your new skills.

Pre-course work

There are no pre-requirements for this course.

Dates

View dates and register for this course.

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The Swinburne Edge difference

Swinburne Edge is a division of Swinburne University that exclusively services professionals. We offer professional development to people with existing skills and experience, who are ready to up-skill or formalise their skills for their next career stage. Immerse yourself in a Swinburne Edge short course or qualification to enhance your current knowledge with fast-tracked, practical learning that gets you to your goal faster.

For further information, contact our Continuing Professional Education Advisors on 1800 633 560 or edge@swinburne.edu.au.




"[The facilitator] took us through a step by step approach to help me self reflect on my own biases and perceptions. There were simple solutions and easy to remember acronyms to improve my confidence in communication skill."

Maung Maung
Participant,
Confident Communication





Contact us

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