



PSYCHOLOGY CLINIC BOARD-APPROVED MASTER CLASSES 2024

The Psychology Clinic offers a series of refresher/ master classes for Board-approved supervisors who wish to maintain their Board-approved supervisor status for another five years.

Dates in 2024:

March 15 | Supervising Postgraduate Clinical Psychology Students

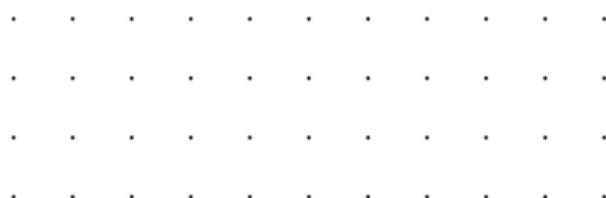
April 19 | Supervising Clinicians Who Work with Children and Adolescents

May 24 | Structured CBT-Based Supervision

July 19 | Cognitive Behavioural Supervision

August 9 | Psychology Supervision in The Digital Era

September 13 | Competency Based Supervision



Supervising Postgraduate Clinical Psychology Students

The aim of this one-day masterclass is to discuss issues specific to supervision of students who are undertaking postgraduate professional training programs in clinical psychology.

The workshop will provide a description of the organisational context in which supervision occurs, as well as the roles of various professional and training bodies. Issues relating to competency-based assessment, evaluation and monitoring will be discussed within the developmental and organisational context as well as strategies to manage ruptures in the supervisory alliance. Supervision from a culturally and socially diverse lens will also be addressed.

The workshop has relevance to all board approved supervisors involved in teaching and training of postgraduate clinical psychology students.

This workshop is aimed at Supervisors of clinical psychology students on placement or those considering taking these students for placements.

Date: Friday 15 March 2024

Time: 9:30 am – 4: 30 pm (Registration from 9 am)

Venue: Swinburne University, Hawthorn

Cost: \$430

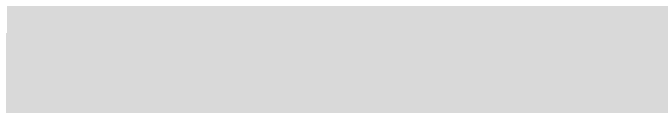
[Registration Link](#)

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Workshop Facilitator:

Catherine Brennan is a Clinical Psychologist with 30 years of experience. Catherine has worked in public and private health, providing clinical services and supervision to psychologists and multidisciplinary teams. She has a unique understanding of the needs of postgraduate clinical psychology students and the organisations that train and host them, having supervised placement students in agencies and in universities and working for many years as the clinical placement coordinator at Swinburne University of Technology.

Catherine continues her work with these students as the Clinic Director of the Swinburne Psychology Clinic.



Supervising clinicians who work with children and adolescents: A reflective practice workshop for evidence-based psychological therapies

Working with children and adolescents requires clinicians to have a deep understanding of both developmental psychology and psychopathology, as well as familiarity with child protection legislation and a range of clinical treatment models for kids aged 0-18. Supervising these clinicians is a monumental task, with few evidence-based frameworks to guide practice.

In recognition of this complexity, this workshop will take a reflective, strengths-based, practice-orientated approach to supervision. It is a chance to share experiences and learn from each other through experiential exercises.

The workshop is designed for those delivering evidence-based interventions such as CBT, behavioural parent training, family therapy, and attachment-based therapies. We will present didactic materials on best-practice approaches to supervision, but the emphasis will be on learning from one another.

This workshop is suitable for supervisors providing supervision to those working with children and young people.

Date: Friday 19 April 2024

Time: 9:30 am – 4: 30 pm (Registration from 9 am)

Venue: Swinburne University, Hawthorn

Cost: \$430

[Registration Link](#)

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Workshop Facilitator:



Katie Wood is an Associate Professor and Clinical Psychologist at Swinburne University of Technology in Melbourne, Australia. Here, she is the course director for the Master of Psychology (Clinical Psychology). She earned her PhD at La Trobe University and is a member of the Australian Psychological Society College of Clinical Psychologists.

Katie's research and clinical interests are in performance psychology, twin psychology, adult wellbeing, and child and adolescent mental health, including ASD, early relational trauma, and family violence. She is an author on numerous publications in this field and has been in private practice for over 20 years.

Previously, she has worked at Eastern Health Child and Adolescent Mental Health Service and Albert Road Centre for Health.

Structured CBT-based Supervision: Assessing and supervising clinical competencies from a CBT perspective

The aim of this one-day masterclass is to provide participants with comprehensive knowledge on providing structured cognitive-behaviour therapy supervision to develop supervisee competencies in planning sessions, developing collaborative conceptualisations and optimizing techniques. Participants are introduced to a session audit tool called the cognitive-therapy rating scale (CTRS).

The CTRS is an 11-item rating scale that aids supervisors in evaluating distinct supervisee competencies and provides supervisees with precise feedback about each competency in the context of the client's presentation. The workshop provides participants with the opportunity to enhance their supervision skills by:

- Prioritising supervisee training needs
- Providing feedback based on behavioural observations.
- Scaffolding supervisees' learning in an organised and systematic manner.

The workshop has relevance to all board approved supervisors involved in supervising psychologists and students at various levels of development.

This workshop is aimed at AHPRA board-approved supervisors who have CBT practice experience.

Date: Friday 24 May 2024

Time: 9:30 am – 4:30 pm (Registration from 9 am)

Venue: Online – Zoom

Cost: \$430

[Registration Link](#)

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Workshop Facilitator:



Prof Sunil Bhar is a Professor of Psychology at Swinburne University of Technology. He is a clinical psychologist with expertise in applying cognitive behaviour therapy (CBT). He completed his postdoctoral studies with Dr Aaron Beck at the University of Pennsylvania in 2005-2009 and is internationally recognised as an expert trainer in CBT. He sits on the advisory board of the Beck Institute and has published over eighty papers on the application of psychological treatments. Prof Bhar has supervised and taught hundreds of clinicians the application of CBT in clinical practice and has conducted numerous master classes for supervisors in using this approach in their supervision practices.

Cognitive Behavioural Supervision

This workshop aims to guide participants in the key components of effective supervision using the cognitive behavioural framework (CBT). Models of supervision that align with CBT-focused supervision will be presented, together with available evidence on effective CBT supervision. Supervision session structure within the cognitive behavioural model will be outlined, as well as similarities and differences between CBT-focused supervision and CBT-focused therapy.

This practical master class will provide opportunities to practise and discuss active cognitive behavioural supervision methods, such as setting an agenda for supervision sessions, role play and modelling in supervision, effective use of Socratic questioning, and generating feedback from supervisees. Evidence-based evaluation methods for both supervisee and supervisor competence will also be discussed.

This workshop is for AHPRA board-approved supervisors who have had at least two years supervision and CBT practice experience.

Date: Friday 19 July 2024

Time: 9:30 am – 4:30 pm (Registration from 9 am)

Venue: Swinburne University, Hawthorn

Cost: \$430

[Registration Link](#)

Workshop Facilitator:



Dr Deborah Koder is a senior clinical psychologist who has been working and supervising in mental health for the past 35 years in both private practice and public health settings. She currently holds the position of academic placement coordinator within the Department of Psychology at Swinburne University of Technology and supervises provisional psychologists within the Swinburne Psychology Clinic.

Deborah also is the senior supervisor for the Swinburne Wellbeing Clinic for Older Adults. She has made significant contributions to both the research literature and clinical training in applying cognitive behaviour therapy to a variety of health settings, and her most recent peer-reviewed publication specifically addresses supervision issues.

Psychology Supervision in The Digital Era: Competency-based approach to digitally supported practice and supervision

This workshop aims to provide clinical supervisors with the knowledge and skills in the area of digital mental health and supervision to ensure they are prepared to engage in digitally supported supervision in accordance with best evidence-based practice and current legal and ethical standards. It

The workshop will provide practical guidance and skills for utilizing technology in supervision by building effective supervisory relationships, creating reflective space and assessing supervisee competencies using technology-based approaches while considering issues around diversity and inclusion.

Date: Friday 9 August 2024

Time: 9:30 am – 4: 30 pm (Registration from 9 am)

Venue: Swinburne University, Hawthorn

Cost: \$430

[Registration Link](#)

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Workshop Facilitator:



Professor Maja Nedeljkovic is a clinical psychologist, researcher and board-approved supervisor with 15 years of experience in developing, evaluating and supervising digitally based interventions. She is currently the deputy director of Mental Health Online, a federal government-funded service delivering online therapy for a range of anxiety, depressive and other disorders and supporting the training and work of health professionals within the mental health field, where she is providing ongoing supervision to provisional and registered psychologists delivering online interventions.

Prof Nedeljkovic has published over 90 peer review papers and book chapters, was the co-editor of a special issue on *Digital Mental Health* in *Clinical Psychologist* and has received funding for the development and evaluation of digitally based mental health supports from the National Health and Medical Research Centre and Suicide Prevention Australia.

Competency-Based Supervision: From setting up the supervisory alliance to assessment

The aim of this one-day masterclass is to describe best practices around competency-based supervision of provisional psychologists and registrars. This workshop will define competence and how to establish a supervisory model that is based on the clinical competencies, starting with setting up the supervisory alliance. The areas of competence will be covered, as well as the methods for assessing them. Some of the key limitations of these methods will also be discussed. Strategies for addressing competency-based problems will be presented. What it means to be a competent supervisor, including providing supervision from a culturally and socially diverse lens, will also be covered.

This workshop is relevant to all board-approved supervisors involved in teaching and training postgraduate clinical psychology students who are supervising registrars and private psychologists.

Date: Friday 13 September 2024

Time: 9:30 am – 4: 30 pm (Registration from 9 am)

Venue: Swinburne University, Hawthorn

Cost: \$430

[Registration Link](#)

Workshop Facilitator:



Katie Wood is an Associate Professor and Clinical Psychologist at Swinburne University of Technology in Melbourne, Australia. Here, she is the course director for the Master of Psychology (Clinical Psychology). She earned her PhD at La Trobe University and is a member of the Australian Psychological Society College of Clinical Psychologists.

Katie's research and clinical interests are in performance psychology, twin psychology, adult wellbeing, and child and adolescent mental health, including ASD, early relational trauma, and family violence. She is an author on numerous publications in this field and has been in private practice for over 20 years.

Previously, she has worked at Eastern Health Child and Adolescent Mental Health Service and Albert Road Centre for Health.